UWA Health and Wellbeing Advocate Sign-up Sheet

Thank you for your interest in being a UWA Health and Wellbeing Advocate. Please complete a few details below.

**Name:**

**Extension:**

**Mailbox number:**

**Department/Faculty:**

1. Do you have a particular area of interest in relation to health and wellbeing?

Tick all that apply below and please add in any specific interest areas within each category as relevant.

[ ] No specific interest

[ ] Physical activity: ____________________________

[ ] Nutrition: ____________________________

[ ] Mental health: ____________________________

[ ] Other: ____________________________

2. Do you have particular skills and or knowledge that could be of use within the UWA Health and Wellbeing Program or is there anything else that you’d like to share? Please detail here.

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3. Please indicate if you would be willing to be featured in UWA News/ a Health and Wellbeing newsletter as a UWA Health and Wellbeing advocate?

[ ] Yes   [ ] No

4. Please note that as a Health and Wellbeing Advocate you will automatically be added to the distribution list for the Health and Wellbeing newsletter (coming soon) unless you choose to OPT OUT by ticking this box:

[ ] Please don’t send me the newsletter

Please email to sarina.hilton@uwa.edu.au