



THE UNIVERSITY OF  
WESTERN AUSTRALIA

*Achieve International Excellence*

# UWA is Smoke Free

Research shows that inhaling tobacco smoke can lead to serious health effects in smokers and non-smokers.

To protect the health and wellbeing of its staff, students and visitors, The University of Western Australia became smoke free on 1 January 2012.

Smoking is prohibited in, or at, all of the University's buildings, properties and workplaces.

## Thinking about quitting?

Here are some sources of support:

- Your **General Practitioner** is an ideal first point of contact for advice about quitting.
- Contact the **UWA Counselling and Psychological Services** on 6488 2118 to make an appointment with an Alcohol and Other Drug Counsellor to discuss quitting.
- The **Robin Winkler Clinic** conducts smoking cessation groups for staff and students on campus. For more information call 6488 2644.
- Call the **Quitline** on 13 18 48 or 13 78 48.
- Visit the **Quit Now** website at [www.quitnow.gov.au](http://www.quitnow.gov.au)

For more information about the University's policy on smoking and cessation services visit [www.uwa.edu.au/smokefree](http://www.uwa.edu.au/smokefree)